

Trinity Memorial Church

Our Mission: To serve Christ passionately through self, family, parish & community.

Our Identity: A diverse people responding to God through worship & music, friendship & formation, generosity & service.

An Episcopal Church in the Diocese of Central New York and a Jubilee Ministry Center



The Trinity Times

March 2025

The Rev. Glenn Mahaffey
Priest

Randall Frye
Director of Music

Vickie Perazzini
Office Manager

Rayleen Kie
Assistant for Outreach and Pastoral Care

Chris Brown
Financial Secretary

Joe Liciandrello
Sexton

David Brown
Sexton

Edris Boyll-Kuzia
Edward Aribisala
Wardens

Nanette Borton
Masha Britten
John Chaffee
Frank Donohue

Jim Gazda
Ginny Hill
Diane Lange
John Lynn

Sandra Michael
Bruce Parmelee
Susan Thornton
Vestry

Phil Evans
Treasurer

Brad Bennett
Clerk of the Vestry

Peter & Drioux Koeppel
Trinity Times Editors
TrinityTimes@TrinityMemorial.org

44 Main Street
Binghamton, NY 13905

Phone: 607-723-3593
Fax: 607-724-6945

Email:
Trinity@TrinityMemorial.org



Dear sisters and brothers in Christ,

On March 5th we will celebrate Ash Wednesday, beginning the season of Lent. In the call to a Holy Lent found in the Ash Wednesday service in the Prayer Book we are reminded of what Lent is about. "I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word." (BCP, p. 265). Self-examination and repentance is not only a practice of Christian faith, it is an avenue to good mental health for anyone. Some people practice this as part of their daily routine, reviewing their own actions at the end of the day and determining if they should go in a new direction. It would also seem there are many people who never take a look at their own behaviors and how those behaviors are impacting those around them. Such people never see a need for a change in direction and continue down destructive paths.

On Ash Wednesday, as Christians, we admit that we are not gods, we don't have all power and all knowledge, we have limits as finite human beings. We humble ourselves before God, who does have all power and knowledge, and admit that ultimately we are but dust. There was a day we were born and there is a day when we will each die. As we recognize and admit our human limitations, we can more clearly recognize our need for a power greater than ourselves to help us, as well as our need for other human beings and their varied gifts and talents.

The acceptance of who we really are is the basis for humility, one of the hallmarks of a Christian life. Jesus taught his disciples about humility on many occasions. One story that illustrates this teaching particularly well is found in Luke 14: 8-11:

"When you are invited by someone to a wedding banquet, do not sit down at the place of honour, in case someone more distinguished than you has been invited by your host; and the host who invited both

(over)

Fr. Glenn's Message (Continued)

of you may come and say to you, 'Give this person your place', and then in disgrace you would start to take the lowest place. But when you are invited, go and sit down at the lowest place, so that when your host comes, he may say to you, 'Friend, move up higher'; then you will be honoured in the presence of all who sit at the table with you. For all who exalt themselves will be humbled, and those who humble themselves will be exalted." (Luke 14:8-11 NRSV)

Jesus lived his life in humility as a servant of God and as a teacher and servant to others he encountered, and called his disciples to do the same. What should we think of a person or pastor who claims to be a follower of Jesus yet doesn't care or advocate for the poor? What do we think of a person who seeks to gain power over others, who advocates the use of force, who refuses to practice forgiveness or love, and considers it a "weakness" to show any signs of humility? Such a person is not following Christ, no matter how well the person can use "Christian" jargon. As followers of Jesus, we should be wary of "Christian" imposters who lead many astray. Jesus warned his disciples about these charlatans, who are in reality wolves in sheep's clothing.

So, this Lent, let us be discerning as to who we are and who we are following. The narrow way is quite easy to discern, just look at the fruit it produces. If a way is of Christ, it will produce peace, patience, kindness, meekness, self-control. If a way does not lead to the God of love, it will produce fruits such as violence, intolerance, mercilessness, arrogance, and unrestraint. May you have a productive Lent and grow in an ever-closer relationship with God, following Christ, our Lord.

Glenn +

CHOW





The need for food donations in our community is greater than ever. Please consider donating to hunger relief at the [Broome County Council of Churches](#), 3 Otsenigo Street, Binghamton, NY 13903, or by contributing to our own Canteen effort and fund.

Daylight Savings Time Begins



On Sunday, March 12, Daylight Savings Time resumes. Remember to set your mechanical clocks and watches an hour forward before you go to bed, and make sure that any electronic watches and clocks are set to respect Daylight Savings Time.



In This Issue	Celebrations																			
Fr. Glenn's Message (Continued)..... 2 CHOW..... 2 Daylight Savings Time Begins..... 2 In This Issue..... 3 Celebrations..... 3 Early Worship Service Resumes on Lent I... 3 Trinity Forum..... 4 Our Hybrid Congregation..... 4 Worship services ministries..... 5 Canteen Schedule..... 6 Music Notes..... 7 Trinity's John H. Stafford Scholarships for our College Students..... 8 Injuries..... 8 Tuesday Group's February Meeting and Love Shower Program..... 9 Updating Our Parish Directory: Last Call 9 Commissioning our Wardens, Vestry, Treasurer and Clerk of the Vestry..... 10 On Revenge..... 10 On Revenge (Continued)..... 11 Binghamton University Lyceum: 2000 Years of Church History..... 12	Birthdays																			
		<table border="0"> <tr><td>09</td><td>Peter Koeppel</td></tr> <tr><td>10</td><td>Jim Gazda</td></tr> <tr><td>10</td><td>William Gazda</td></tr> <tr><td>12</td><td>Carl Betcher</td></tr> <tr><td>13</td><td>Maya Dement</td></tr> <tr><td>14</td><td>Barbara Manzo</td></tr> <tr><td>15</td><td>Talon Schroeder</td></tr> <tr><td>23</td><td>David Brown</td></tr> <tr><td>31</td><td>Nelson Pereira</td></tr> </table>	09	Peter Koeppel	10	Jim Gazda	10	William Gazda	12	Carl Betcher	13	Maya Dement	14	Barbara Manzo	15	Talon Schroeder	23	David Brown	31	Nelson Pereira
09	Peter Koeppel																			
10	Jim Gazda																			
10	William Gazda																			
12	Carl Betcher																			
13	Maya Dement																			
14	Barbara Manzo																			
15	Talon Schroeder																			
23	David Brown																			
31	Nelson Pereira																			
	Anniversaries																			
																				
	Parish Register																			
	<p>We welcome Cate Hough into the Trinity Memorial family. Cate joined us from St. John's Episcopal Church, in Jacksonville, Florida; Cate is the sister-in-law of Susan Thornton, and the sister of the late Gerry Hough.</p>																			

Please let us know of any updates or corrections!

Early Worship Service Resumes on Lent I

We are resuming our Contemplative Eucharist service at 8:30 am on the first Sunday of Lent - March 9, 2025. This is also the beginning of Daylight Savings time - please be on time.

Trinity Forum



March 2: Parishioners reminiscence about Trinity and what it means to them. Organized by Diane Lange

March 9: Susan Thornton & Bruce Parmelee, updates on the refugee situation in Europe and the Middle

East

March 16: Jean Henssler, “Everything You Wanted to Know, but Were Afraid to Ask: What is the Organist DOING up there!? “

Note: this Forum will be in-person only, and you’re invited to come up to the organ console.



March 23, March 30, April 6: Lenten series: Fr. Glenn, “The Life of Faith in Perilous Times”

The Trinity Forum meets most Sundays from September to June at 11:30 am. Meetings will be held in person in the Common Room, and will usually also be made available live, via Zoom. You can join remotely by going to TrinityZoom.org. Please also watch the Sunday Bulletin for reminders and updates.

Our Hybrid Congregation

Join us from wherever you are, in person or remotely!

Our 10:00 am worship service and most of our events are available for remote participation:

- **10:00 am live Worship Service:** on Trinity Memorial’s [YouTube](#) page, look for: **Trinity Memorial Episcopal Church - Live stream.**
- **10:00 am Worship Service replay:** services are available on [YouTube](#) for replay following the original live service.
- **Trinity Forum:** offered most Sundays from September to May; in person in our Common Room, or online at TrinityZoom.org . A replay of a Forum may be made available, at the discretion of the presenter, and time permitting, on our YouTube channel.
- If you are reading the Trinity Times online, you can simply find your way to our presence on the Internet by clicking on any of these links:
 - Trinity Memorial’s Website: <https://TrinityMemorial.org>
 - Trinity Memorial’s YouTube channel: youtube.com/@TrinityMemorial
 - Trinity Memorial’s Forum recordings on YouTube: [Forum Playlist](#)
 - Trinity Memorial’s Facebook page: <https://bit.ly/FacebookTrinity>
 - Trinity Memorial’s ZOOM meeting: <http://TrinityZoom.org>

Trinity Memorial Church

Worship services ministries

March 2025		Ginny Hill, Darlene Croston	
March 2	Altar Guild:	8:30 AM	10:00 AM
	Ushers	no service	Philip Evans, Cynthia Evans
	Acolyte		David Scone
	Worship Leader		Darlene Croston
	Lector		Marjorie Desai
	Eucharistic Ministers		Darlene Croston, Nicole Huff, Peter Koepfel, Phyllis Amenda, Deb Parmelee
	Digital Minister		Greg Keeler
	Coffee Hour		Darlene Croston
Ash Wednesday			
March 5	Ushers	Ash Wednesday	Ginny Hill
	Acolyte		Phyllis Amenda
	Worship Leader		
	Lector		
	Eucharistic Ministers		
	Digital Minister		Bob Kuzia
Daylight Savings Time		8:30 AM	10:00 AM
March 9	Ushers	Members of the Congregation	John Lynn, Roxe-Ann Lynn
	Acolyte		Phyllis Amenda
	Worship Leader		Greg Keeler
	Lector		Bill Palmer
	Eucharistic Ministers		Greg Keeler, Phil Evans, Ken Lattimore, Rayleen Kie, Bob Peterson
	Digital Minister		Carl Betcher
	Coffee Hour		Masha Britten
	March 16		Ushers
Acolyte		Daniel Aribisala	
Worship Leader		Barb Manzo	
Lector		Ginny Hill	
Eucharistic Ministers		Darlene Croston, Nicole Huff, Louise Akel, Rayleen Kie, Bob Peterson	
Digital Minister		Bob Kuzia	
Coffee Hour		- please consider hosting -	

March 23		8:30 AM	10:00 AM
	Ushers	Members of the Congregation	Bill Palmer, Jim Albert
	Acolyte		Ken Lattimore
	Worship Leader		Bill Palmer
	Lector		Greg Keeler
	Eucharistic Ministers		Bill Palmer, Peter Koeppel, Ken Latimore, Phil Evans, Phyllis Amenda
	Digital Minister		Carl Betcher
Coffee Hour	- please consider hosting -		
March 30		8:30 AM	10:00 AM
	Ushers	Members of the Congregation	Dave Pierson, Diane Pierson
	Acolyte		Daniel Aribisala
	Worship Leader		Phyllis Amenda
	Lector		Rayleen Kie
	Eucharistic Ministers		Phyllis Amenda, Darlene Croston, Ken Lattimore, Phil Evans, Rayleen Kie
	Digital Minister		Bob Kuzia
Coffee Hour	Masha Britten		

Information is correct as of February 20, 2025

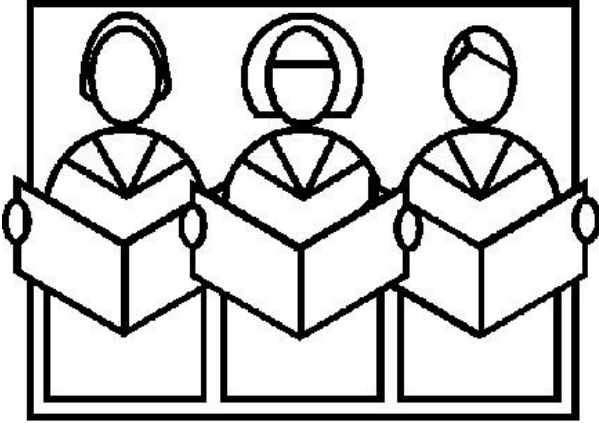
Canteen Schedule

We are offering a hot lunch to the neighborhood hungry in our dining room. Our prayers of thanks for all who share in this ministry!

Sunday Canteen	Group Cooking & Serving	Site Manager	Host/Hostess
3/2/25	Temple Concord	S. Crowle	B. Crowle
3/9/25	St. Patrick's & Port Dickinson Baptist	C. Hanes	S. Hanes
3/16/25	St. Mark's & Canteen Volunteers	Bill Palmer	
3/23/25	SUNY Binghamton	B Parmelee	D Parmelee
3/30/25	St. Paul's	Bill Palmer	Sharon Kaiser

Information is correct as of February 11, 2025

Music Notes



To my dear friends in Christ,

Lenten greetings to you all. After celebrating the wonder of Epiphany, I appreciate that the Lenten season slows us down and becomes a season of religious introspection. It is a season for growth, renewal, and a deepening of faith.

Throughout the Lenten season you will notice a shift in the musical approach to the service. Again, highlighting the somber theme that surrounds the season, as we make our way towards the cross and ultimately the

resurrection. I would urge you to consider using the time before the service and the music of the prelude as a prayerful and contemplative time of quiet and focus, opening your heart and mind to hear God's word.

This Lenten season we will again be using the unison, Plainsong style. The description in *Plainchant* does a nice job helping people to understand the concept and purpose.

"Plainsong or plainchant is a body of chants used in the liturgies of the Western Church. When referring to the term plainsong, it is those sacred pieces that are composed in Latin text."¹

"Plainsong was the exclusive form of Christian church music until the ninth century, and the introduction of polyphony."² Forney gives us a more technical definition.

The monophonic chants of plainsong have a non-metric rhythm. Their rhythms are generally freer than the metered rhythm of later Western music, and they are sung without musical accompaniment. There are three types of chant melodies that plainsongs fall into: syllabic, neumatic, and melismatic. The free-flowing melismatic melody form of plainsong is still heard in Middle Eastern music being performed today.³

We will also be singing some new anthems that have been published by Morningstar Publishers, specific to the Anglican tradition and faith.

As we enter into this pensive season, may we remember the sacrifice and rich blessings that are ever-present in our lives. May you each be provided with rich blessings and a renewed steadfast faith in God's work!

God's blessings to you all,
Randy Frye
Director of Music

¹ Bellingham, Jane; Emerson, John A.; Hiley, David; Levy, Kenneth; Zon, Bennett Mitchel. *Plainchant* Vol. 1. London, Oxford University Press (2001).

² Bewerunge, H. "Plainchant". New Advent. New Advent, Last modified February 16, 2021, www.newadvent.org/cathen/12144a.htm

³ Forney, Kristine. *The Enjoyment of Music*. New York, W.W. Norton & Company (2015).

Trinity's John H. Stafford Scholarships for our College Students



Trinity parishioner John H. Stafford left an endowment to Trinity Memorial Church in 1930 “to be used in assisting boys and young men along educational and training lines.” It was Mr. Stafford’s desire to provide financial assistance especially to those who were studying for the ordained ministry. Eventually, our Vestry expanded eligibility for scholarships to include women and also general education. Since 2011 funds have been distributed as outright scholarships.

Nick Youngson CC BY-SA 3.0 Alpha Stock Images

Communicants in good standing at Trinity Memorial Church are eligible to apply for a Stafford Scholarship. Applications are invited from students entering or continuing in undergraduate or graduate degree programs, or vocational or licensure programs. Priority will be given to students seeking ordination in The Episcopal Church.

Application materials can be obtained from Trinity Memorial’s Stafford Scholarship Committee chair, Dr. Sandra D. Michael. Email her at smichael@binghamton.edu; Phone: 607-748-7520 (home).

Although electronically prepared applications are preferred, they may also be typed or handwritten. All applications must be submitted to Dr. Michael. The deadline for receipt of applications is April 1. For more information, contact Dr. Michael.

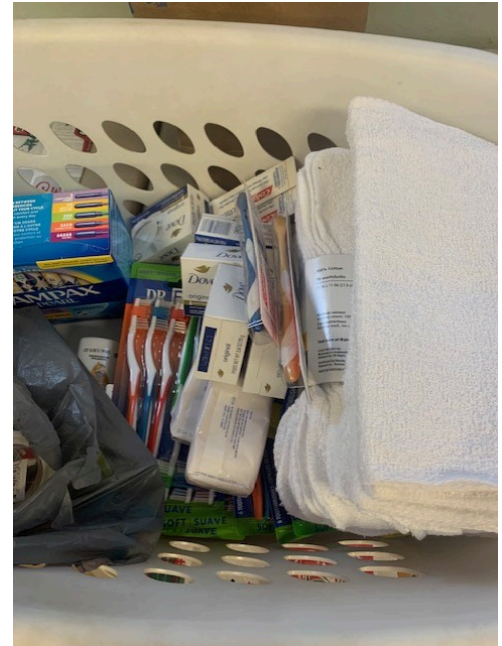
Injuries

kwpk What, do you suppose, is the most injurious experience some people will ever suffer? No, it’s not getting injured in a car accident, being diagnosed with a dread disease, or being the victim of a random terrorist shooting. It’s an encounter so touching, so penetrating, so pervasive, that it causes a change of heart and mind.

Tuesday Group's February Meeting and Love Shower Program



On Tuesday, February 18, our Tuesday Group enjoyed a wonderful lunch with Barbara Howell serving as our host. She even made a cherry pie to celebrate Presidents Day.

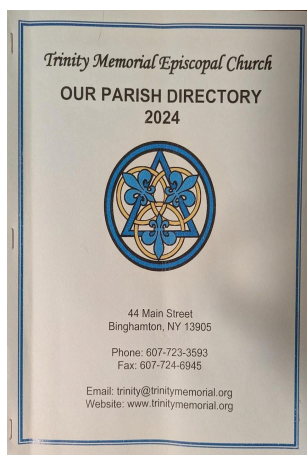


The group invites us to join them on the third Tuesday of every month: "Not only do we do good deeds, but we enjoy each other."

The Group is collecting personal items for their *Love Shower*. This year, items will be donated to the *Owego Women's Shelter* and the *YWCA*. Items may be left in the box in the Hoyt Room until March 16th.

Pictures by Sue Carpenter.

Updating Our Parish Directory: Last Call



Our parish directory is an invaluable resource in helping us put names with beloved faces, and to provide contact information for all engaged in our outreach and pastoral care ministries or seeking friendly relationships within our beloved Trinity family.

We had hoped to close the door on updates to the Parish Directory by February 28, but with two Sundays' opportunity for everyone to please check the draft copy in the Hoyt Room for accuracy lost due to challenging weather, we'll keep the door open for one more Sunday:

please send your best selfies and any updates to trinitytimes@trinitymemorial.org by March 2, 2025.

Commissioning our Wardens, Vestry, Treasurer and Clerk of the Vestry

Long delayed by snow and ice-storms, on February 23, 2024, we were finally able to meet in person again, celebrate a wonderful worship service with music, and formally install our lay leaders as elected at Annual Meetings.



Commissioned were:

Wardens: Edris Boyll-Kuzia and Teddy Aribisala; Vestry Members: Masha Britten, John Lynn, Bruce Parmelee, Frank Donohue,, Ginny Hill, Sandra Michael, Susan Thornton, Nan Borton, John Chaffee, Jim Gazda, Diane Lange; Vestry Member and Clerk: Brad

Bennett; Treasurer: Philip Evans.

We offer our prayer of thanks for their willingness to serve in our congregation's leadership, and we pray to our heavenly father for His guidance for all of us.

On Revenge

kwpk Please complete the phrase "Revenge is best served..." I don't know how easy this task is for you; for me, it was difficult: there are just so many commonly used ways in which revenge might best be served. If nothing else, this suggests that the desire for revenge after experiencing an injury or injustice is very deep-seated and potentially lasts for a long time.

Revenge, though, collides with any sense of justice our Western civilization has developed. Revenge easily looks for a punishment worse than the original injury; it perpetuates injury, in some cases to the point of breaking one generation after another, as each generation is called upon to exact revenge for an injury suffered by a prior generation.

(over)

On Revenge (Continued)

There are two forces that push back against raw revenge: one is justice. The attempt to limit the severity of revenge goes way back in human civilizations: Hammurabi, who reigned in Babylon from 1792 to 1750 BC, had a stele engraved with a set of laws, some of which also found their way into the Old Testament: “an eye for an eye, ...” Hammurabi’s was not the only society in that part of the world to attempt to implement upper limits on punishment to bound what was viewed as excessively cruel punishment driven by revenge; the same concept also arose in neighboring societies around the same time. While it used formal justice to limit the severity of punishments¹, I would hope that the degree of corporal punishment still deemed permissible would sound excessive to us. “Cruel and unusual” would be a modern term for this level of punishment, though unusual it apparently was not some some 3800 years ago.

The other force pushing back against revenge in any form or shape is our Christian faith. That should not be a surprise to anyone: loving your neighbor is incompatible in any sense of the word with harboring a desire of revenge against that neighbor. “*You have heard that it was said, ‘Eye for eye, and tooth for tooth.’² But I tell you, do not resist an evil person. If anyone slaps you on the right cheek, turn to them the other cheek also.*”³ And in case we didn’t get it: “*You have heard that it was said, ‘Love your neighbor⁴ and hate your enemy.’ But I tell you, love your enemies and pray for those who persecute you, that you may be children of your Father in heaven.*”⁵

In the world in which we live, though, there seems to be ample room for revenge wherever we look: in our nation, in many parts of the world. Even the premise of using justice to push back against revenge is - almost 4000 years since that thought entered western civilization - at best only somewhat successful. We use gentler terms, such as “just punishment” or “deterrence,” but at their core, these still reflect a vindictive view of justice. For us, as Christians though, there is no room for vindictiveness, never mind revenge, no matter the injury or injustice suffered. No one ever said that bringing God’s kingdom into the world of humans would be easy. It hasn’t been in several millennia, and it doesn’t look to become easier anytime soon. Therein lies a challenge for us.



¹ The acceptance and implementation of these new rules appears to have been slow, as court records from the same time suggest that prior cruel practices continued for some time.

² Exodus 21:24; Leviticus. 24:20; Deuteronomy. 19:21

³ Matthew 5:38-39 (NIV)

⁴ Leviticus. 19:18

⁵ Matthew 5:43-45 (NIV)



Non-Profit
Organization
U.S. Postage
PAID
Binghamton, NY
Permit No. 30

The Trinity Times
Trinity Memorial Church
44 Main Street
Binghamton, NY 13905
www.trinitymemorial.org

RETURN SERVICE REQUESTED

Binghamton University Lyceum: 2000 Years of Church History

The Rev. Scott Parnell, Rector of Christ Church Binghamton, will take us on a hop, skip and jump through over 2,000 years of church history; sessions will be held on Thursdays, April 3, 10, 17, 24: 10 am-noon; in-person in the Lyceum classroom at 601 Gates Road, Vestal, NY. (WSKG) and online (via ZOOM):

- Session 1: Jewish Roots and the Early Church;
- Session 2: The Patristic Era and Nicene Christianity;
- Session 3: The Rise of the Empire and Scholastic Christianity;
- Session 4: Reformation, Enlightenment, and the Contemporary Church.

The cost for the class is \$32; membership in Lyceum is required; you may register for the class and sign up to become a member of Lyceum online at <https://lyceum.binghamton.edu/>.